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WCHA Women's League

Bemidji State University
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Minnesota State University
University of North Dakota
Ohio State University
St. Cloud State University
University of Wisconsin

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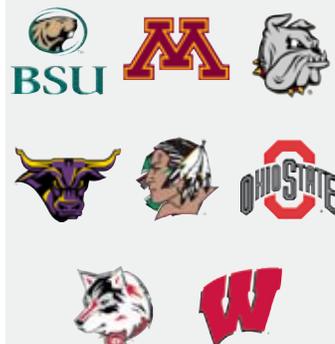
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2011 WCHA FINAL FACE-OFF

March 4-5 - Ridder Arena
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February 9, 2011/For Immediate Release

UM's Kessel, UMD's Fridfinnson & Kenyon, UND's Lamoureux-Kolls Named WCHA Women's Players of the Week

WCHA Offensive Player of the Week

Amanda Kessel • Freshman, Forward, University of Minnesota

MADISON, Wis. – University of Minnesota left winger Amanda Kessel, who produced three goals and seven scoring points to lead the No. 4-ranked Golden Gophers to a two-game home-ice series sweep over league-rival St. Cloud State last weekend, is the WCHA Offensive Player of the Week for Feb. 9, 2011. Kessel, who was the No. 1 star of both games, previously earned the Rookie of the Week honors on Oct. 6, Dec. 15 and Jan. 12.

A freshman from Madison, Wis., Kessel scored two goals and set up two others for four points in host Minnesota's 8-0 win over the Huskies last Friday (Feb. 4) at Ridder Arena. She scored an unassisted goal at 17:10 in the first period and held the first assist on both Jen Schoullis' and Mira Jalosuo's power-play goals. She also scored her second goal of the game at 8:54 of the third. Her four points tied a career game high, which came against Clarkson in her first collegiate game on Oct. 1. Kessel followed on Saturday (Feb. 5) with a goal and two assists in a 4-1 UM victory. She scored a power-play goal at 10:38 in the first period and assisted on two other scores, including Ashley Stenerson's first collegiate goal. On the weekend, Kessel scored seven points, fired 15 shots on goal and held a +6 rating. She leads the team this season in both points (36) and assists (23).

Also nominated this week: Erin Cody, F, BSU; Jocelyne Lamoureux, F, UND.

WCHA co-Defensive Players of the Week

Laura Fridfinnson • Senior, Defenseman, University of Minnesota Duluth

Monique Lamoureux-Kolls • Junior, Defenseman, University of North Dakota

MADISON, Wis. – A pair of veterans who have switched from playing forward to defense – Laura Fridfinnson of the University of Minnesota Duluth and Monique Lamoureux-Kolls of the University of North Dakota – have been named WCHA co-Defensive Players of the Week for Feb. 9, 2011. Fridfinnson was the defensive player of the week on Feb. 2 while Lamoureux-Kolls won the offensive award Jan. 12 and defensive honor Jan. 19.

Fridfinnson, a senior from Arborg, Manitoba, again led the No. 6-ranked Bulldogs last weekend, tallying six points in back-to-back 7-0 and 3-0 conference road wins over Minnesota State. She had a goal and three assists last Friday (Feb. 4), scoring the second goal of the game at 9:20 of the first period, adding an assist in the second period, and two more in the third. She was the No. 2 star of the game and earned a +4 rating. Then on Saturday (Feb. 5), she figured in on two of UMD's three goals, with an assist on the game-winner a minute into the game and a goal at 3:10 of the third period, took six shots on goal, and was +3, leaving her a +7 in the series. Fridfinnson has been on an offensive outburst since Jan. 21, registering five goals and six assists in her last six games for 11 points.

Lamoureux-Kolls, a junior from Grand Forks, N.D., helped the No. 8 Sioux to a two-game WCHA road sweep at Ohio State with two goals and four assists for six points – all team highs. Both of her goals, and two assists, came in last Friday's 4-3 (ot) win over the Buckeyes, including the game-winner in overtime with :09 seconds remaining. The visiting Sioux also took a one-goal victory last Saturday by a 3-2 count, with Lamoureux-Kolls netting two more assists – one of which came on the game-winner – to complete their first ever sweep at OSU and clinch home ice for the league playoffs for the first time.

Also nominated this week: Alana McElhenny, G, BSU; Megan Bozek, D, UM; Brittany Haverstock, D, UW.

WCHA Rookie of the Week

Jamie Kenyon • Freshman, Forward, University of Minnesota Duluth

MADISON, Wis. – University of Minnesota Duluth right winger Jamie Kenyon, who extended her scoring streak to four games after recording four points over the weekend in 7-0 and 3-0 conference road victories against Minnesota State, has been named the WCHA Rookie of the Week for Feb. 9, 2011.

A freshman from Sparta, Wis., Kenyon had a goal and an assist in Friday's (Feb. 4) 7-0 UMD win, earned a +3 plus/minus rating and was named the No. 3 star of the game. She then added two more assists in last Saturday's 3-0 Bulldog victory, including one on the eventual game-winner, went a +2, and was the No. 2 star of the game. Along with her four points in the series, she also had four shots on goal and earned a +5 rating.

Over her last four games, Kenyon has compiled two goals and five assists for seven points.

Also nominated this week: Sarah Davis, F, UM.